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| product | $\begin{aligned} & \frac{\square}{4} \\ & \frac{4}{3} \\ & \hline 0 . \end{aligned}$ |  | $\begin{aligned} & 0 \\ & 0 \\ & \hline 0 \\ & \hline \end{aligned}$ | $\frac{\sqrt{n}}{i}$ |  | Oio | $\underline{\overline{\bar{E}}}$ | $\stackrel{n}{\underset{\beth}{\beth}}$ | $\frac{\vec{\lambda}}{\frac{\lambda}{U}}$ |  | $\mathscr{U}$ $\underset{\sim}{0}$ $\tilde{0}$ $\tilde{\sim}$ | $\begin{aligned} & \frac{0}{0} \\ & \frac{0}{x} \\ & . \frac{0}{0} \\ & \frac{1}{3} \\ & \frac{1}{3} \\ & \frac{1}{4} \end{aligned}$ | $\stackrel{\cong}{ }$ |  |  |
| Vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| chopped tomatoes | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| baked beans | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| peas (garden) | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| houmous | X | X | X | X | X | X | X | X | X | X | contains | X | X | X |  |
| baking potatoes | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| carrots | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| onions | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| tomatoes | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| salad leaves | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| parsnips | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| leek | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| swede | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| cucumber | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
| chips | X | X | X | X | X | X | X | X | X | X | X | X | X | X |  |
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\begin{tabular}{|c|c|c|c|c|c|c|c|c|c|c|c|c|c|c|c|c|c|c|c|}
\hline Dairy \&  \&  \&  \& \& ¢ \& \&  \& \[
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\& \underline{E}
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\& \underline{E}
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\hline cl spread \& X \& X \& X \& X \& \& X \& \& X \& contains \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline whipping cream \& X \& X \& X \& X \& \& X \& \& X \& contains \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline semi milk portions \& X \& X \& X \& X \& \& X \& \& X \& contains \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline eggs meduim \& X \& X \& contains \& X \& \& X \& \& X \& X \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline extra virgin Olive oil \& X \& X \& X \& X \& \& X \& \& X \& X \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline vegetable oil \& X \& X \& X \& X \& \& X \& \& contains \& X \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline RE cheese \& X \& X \& X \& X \& \& X \& \& X \& contains \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline fresh semi skimmed mill \& x \& X \& X \& X \& \& X \& \& X \& contains \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
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\& \frac{4}{5} \\
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\end{aligned}
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$\underline{\overline{0}}$
$\underline{\underline{E}}$ \&  \\
\hline ketchup \& X \& X \& X \& X \& \& X \& \& X \& X \& X \& \& X \& \& X \& X \& X \& X \& X \& \\
\hline Light mayonaise \& X \& X \& contains \& X \& \& X \& \& X \& X \& X \& \& X \& \& contains \& X \& X \& X \& X \& \\
\hline brown sauce \& contains \& X \& X \& X \& \& X \& \& X \& X \& X \& \& X \& \& X \& X \& contains \& X \& X \& wheat \& rye \\
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\end{tabular}

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| mustard | x | x | x | x |  | x | x | x | x | x | contains | x |  | X | x | x |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| salad cream | x | x | contains | x |  | x | x | x | x | x | contains | x |  | x | x | x |  |
| gravy | contains | x | x | x |  | x | contains | x | X | X | x | x |  | x | x | X | wheat |
| BBQ sauce | x | x | x | x |  | x | x | x | x | contains | contains | x |  | x | x | x |  |
| CL bbq sauce | contains | x | x | x |  | X | contains | X | x | x | x | x |  | X | x | x | wheat |
| branston pickle | contains | x | X | x |  | x | x | x | x | X | x | x |  | contains | x | x | wheat |
| cranberry sauce | x | x | x | x |  | x | x | x | x | x | x | x |  | x | x | x |  |
| butter portion | x | x | x | x |  | x | x | contains | x | X | x | x |  | x | x | x |  |
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| cakes \& biscuits | ¢ $\stackrel{y}{4}$ $\frac{ \pm}{10}$ | $n$ <br>  <br>  <br> 0 <br> 0 <br> 0 <br> 0 | - |  | $\frac{\sqrt{4}}{4}$ |  | $\stackrel{N}{0}_{0}^{0}$ | $\stackrel{\check{\bar{\epsilon}}}{\underline{\bar{E}}}$ | $\stackrel{n}{c}$ | $\xrightarrow{\frac{2}{0}}$ | $\begin{aligned} & \overline{0} \\ & \stackrel{0}{0} \\ & \tilde{5} \\ & \underline{E} \end{aligned}$ |  | $\underset{\sim}{E}$ $\stackrel{0}{0}$ $\tilde{\sim}$ $\underset{\sim}{\sim}$ |  | - 들 |  |  |
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| scones | contains | x | may conta | x |  | x |  | contains | x | x | X | x |  | x | x | x | wheat |
| chocolate brownie | contains |  | contains | x |  | X | X | contains | contain | X | x | x |  | x | x | x | wheat |
| tiffin | contains | X | x | x |  | x | x | contains | x | x | x | contains |  | x | x | x | wheat |
| cookie chop chip | contains | X |  | x |  | x | contains | contains | X | X | X | x |  | x | x | X | wheat |
| cookie dotty | contains | x | contains | x |  | X | contains | contains | X | x | x | x |  | x | x | x | wheat |
| cookie double choc | contains | X | contains | x |  | may cont | contains | contains | X | X | x | x |  | x | x | x | wheat |
| monster flapjack | contains | X | X | X |  | x | contains | contains | X | X | X | x |  | X | x | X | wheat |


| choc chip monster | x | x | x | x | x | contains | contains | x | x | x | x | x | x | x |  |
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| choc top monster | contains | x | x | x | x | contains | contains | x | x | x | x | x | x | x | wheat |
| oaty flapjack | x | x | x | x | x | x | x | x | x | x | x | x | x | x |  |
| rocky road | contains | x | x | x | x | contains | contains | x | x | x | x | x | x | x | wheat |
| tarts bakewell | contains | x | contains | x | x | x | ontains | contain | x | x | x | contains | x | x | wheat |
| tarts lemon | contains | x | contains | x | x | contains | contains | x | x | x | x | contains | x | $\times$ | wheat |
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|  | $\begin{gathered} \frac{1}{y} \\ \frac{y}{0} \\ \hline 0 . \end{gathered}$ |  | 遻 | 気 |  | $\begin{array}{r} 0 \\ \stackrel{0}{0} \\ \hline \end{array}$ |  | $\stackrel{\text { n }}{\text { c }}$ | $\begin{array}{r} \text { Z } \\ \frac{0}{\Psi} \\ \hline \end{array}$ |  |  |  | $\begin{aligned} & \text { 들 } \\ & \underline{\underline{3}} \\ & \hline \end{aligned}$ |  |  |
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| cheese bap | contains | X |  | X |  | x |  | X |  | x | contains | x |  | x | x |  | contains |  | x | x | x | wheat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ham bap | contains |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | contains |  |  |  |  | wheat |
| safari snacks | contains | X |  | X |  | X |  | X |  | contains | contains | X |  | x | X |  | X |  | X | X | X | wheat |
| simply fruity | X | X |  | X |  | X |  | X |  | X | X | X |  | x | X |  | X |  | X | X | X |  |
| choobs | X | X |  | X |  | X |  | X |  | X | contains | X |  | X | X |  | X |  | X | X | X |  |
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| store cupboard |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegatable boullion | contains | X |  | X |  | X |  | X |  | X | X | X |  | contains | X |  | X |  | contains | X | X | wheat |
| cocoa powder | X | X |  | X |  | X |  | X |  | X | X | X |  | x | X |  | X |  | X | X | X |  |
| cl cheese sauce mix | contains |  |  | X |  | X |  | X |  | X | contains | X |  | x | X |  | X |  | X | X | X | wheat |
| self raising flour | contains | X |  | X |  | X |  | X |  | X | X | X |  | X | X |  | X |  | X | X | X | wheat |



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